

# GROCERY LIST

## fruits

- BANANAS
- APPLES
- ORANGES
- GRAPES
- BERRIES
- MELONS
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## vegetables

- LETTUCE
- ONIONS
- TOMATOES
- POTATOES
- CARROTS
- CUCUMBERS
- PEPPERS
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## condiments

- PEANUT BUTTER
- JELLY
- SALAD DRESSING
- KETCHUP
- MUSTARD
- MAYO
- PICKLES
- VINEGAR
- OLIVE OIL
- SOY SAUCE
- SALSA
- BBQ SAUCE
- SYRUP
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## dairy

- EGGS
- MILK
- BUTTER
- SOUR CREAM
- CREAM CHEESE
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## deli

- LUNCH MEAT
- CHEESE
- HUMMUS
- HOT DOGS
- SIDES/SALADS
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## canned

- SOUP/BROTH
- VEGGIES
- BEANS
- FRUITS
- TOMATO SAUCE
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## snacks

- CHIPS
- CRACKERS
- COOKIES
- POPCORN
- SNACK BARS
- NUTS
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## frozen

- MEALS
- PIZZA
- ICE CREAM
- WAFFLES
- FRUIT
- VEGGIES
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## bread & grains

- BREAD
- BAGELS
- MUFFINS
- BUNS
- TORTILLAS
- PASTA
- RICE
- CEREAL
- OATMEAL
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## baking & spices

- SUGAR
- FLOUR
- VANILLA
- CHOCOLATE CHIPS
- CAKE MIX
- BROWNIE MIX
- PANCAKE MIX
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## pets

- PET FOOD
- TREATS
- \_\_\_\_\_

## meat & fish

- BEEF
- CHICKEN
- FISH
- TURKEY
- FISH
- SAUSAGE
- BACON
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
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## beverages

- COFFEE/TEA
- JUICE
- SODA
- WATER
- \_\_\_\_\_
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## miscellaneous

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## household

- LAUNDRY SOAP
- FABRIC SOFTENER
- DISH SOAP
- DISHWASHER DETERGENT
- BLEACH
- CLEANER
- BATTERIES
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## toiletries

- SOAP
- SHAMPOO
- CONDITIONER
- DEODORANT
- RAZORS
- SHAVING CREAM
- LOTION
- TOOTHPASTE
- FLOSS
- MOUTHWASH
- PAIN RELIEVER
- \_\_\_\_\_
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## paper & plastic

- TOILET PAPER
- PAPER TOWELS
- TISSUES
- ZIPLOC BAGS
- PLASTIC WRAP
- FOIL
- TRASH BAGS
- NAPKINS
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